



Fleet and Family Support Center, Naples, Italy

November 2005



Call us at DSN 629-4896/6372 COMM 081-811-4896/6372 or Visit our website at www.nsa.naples.navy.mil/ffsc

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
	<div>1</div> <div>9:00 AM Employment and Career Opportunities</div> <div>12:30 PM CSB/REDUX</div> <div>Italian Holiday</div>	<div>2</div> <div>8:00 AM Budgeting for the Holidays</div> <div>8:15 AM ICR Class, FFSC Support Site, and trip</div>	<div>3</div> <div>8:00 AM Sponsorship Training</div> <div>9:00 AM -3:00 PM 10 Steps to Federal Employment</div>	<div>4</div> <div>9:30 AM Neapolitan Cooking for Children</div>																																																																																																		
<div>7</div> <div>9:00 AM Play Scopa</div>	<div>8</div> <div>8:00 AM -4:00 PM T.A.P. Class (Pre-Separation)</div> <div>8:15 AM ICR Class, Capo Inn Rm. 128</div>	<div>9</div> <div>9:00 AM Effective Resume Writing</div>	<div>10</div> <div>12:00 PM Neapolitan Espresso</div>	<div>11</div> <div>Veteran's Day</div> <div></div>																																																																																																		
<div>14</div>	<div>15</div> <div>9:00 AM Employment and Career Opportunitess</div> <div>8:15 AM ICR Class, FFSC, Support Site</div>	<div>16</div> <div>8:30 AM Estate Planning</div> <div>9:00 AM Career Explorations Workshop</div>	<div>17</div> <div>8:00 AM Smooth Move</div> <div>9:00 AM Tips for a Successful Interview</div>	<div>18</div> <div>8:00 AM Home Buying</div> <div>10:00 AM Cheese, Italian, Please</div>																																																																																																		
<div>21</div>	<div>22</div> <div>10:00 AM Car Seat Safety Class</div> <div>1:00 PM Saving & Investing</div> <div>8:15 AM ICR Class, FFSC Support Site</div>	<div>23</div>	<div>24</div> <div>THANKSGIVING DAY</div> <div></div>	<div>25</div>																																																																																																		
<div>28</div> <div>8:30 AM Transportation From Support Site</div> <div>8:15 AM ICR Class, Fellowship Hall, Capo</div> <div>8:00 AM -4:00 PM CONSEP First-Term Workshop</div>	<div>29</div>	<div>30</div> <div>8:00 AM Anger Management</div> <div>1:00 PM Debt/Credit Management</div>	<div>Oct 2005</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr></table> <div>Dec 2005</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>2</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						S	M	T	W	T	F	S							1							2	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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Please call the last working day prior to your class to confirm time and location.

Employment and Career Opportunities in Naples will be offered **November 1st** and the **15th** at the **FFSC, Support Site** from 9:00 AM-11:30 A.M. The class provides spouses information on where local jobs are posted, how to apply for them, and military spouse preference guidelines. To sign-up call 081-811-4896/6372.

CSB/Redux will be offered **November 1st** at **FFSC, Support Site** from 12:30 PM – 3:30 PM. Is your 15year mark coming up quickly? We will show you how the program works, and should you take the \$30,000 lump sum? To sign-up call 081-811-4896/6372.

Budgeting for the Holidays will be offered **November 2nd** at the **FFSC, Support Site** from 8:00 A.M. – 11:30 A.M. Maintaining a budget during the holidays can be very taxing ordeal...Learn how to have fun during the Holidays season and still control your expenditures. This class helps by providing sound budgeting advice and economical gift ideas to keep your budget on track. Call 081-811-4896-6372 to sign up.

Sponsorship Training will be offered **November 3rd** at the **FFSC, Support Site** from 8:00 A.M-10:00 A.M. To be a sponsor is a duty; to be a great one is to make a difference! To sign up, call SK1 Zuckswerth at 081-811-6558/4896.

Ten Steps to Federal Employment will be offered **November 3rd** and **4th** (*Two day course*) at the **FFSC, Support Site** from 9:00 A.M. - 3:00 P.M. Improve your chances of landing a Federal position by preparing the right resume format, applying correctly and targeting the correct job title and grade! Call 081-811-4896/6372 to sign-up.

Neapolitan Cooking for Children will be offered **November 4th** at the **FFSC, Support Site** from 9:30 A.M. – 12:30 P.M. This class is to encourage children to become familiar with different Italian foods. The hands- on class lets children prepare and enjoy what they cook. For more information and to sign up call the ICR Dept. at 081-811-6555/1/2.

Play SCOPA will be offered **November 7th** at **FFSC, Support Site** from 9:00 A.M.- 11:00 A.M. Learn how to play a traditional and very popular Neapolitan card game To sign-up call the ICR dept. at 081-811-6555/2/1.

Effective Resume Writing will be offered **November 9th** at the **FFSC, Support Site** from 9:00 AM - 11:30 A.M. The class provides instruction on how to write both Federal Style Resumes and Private Industry Resumes. Call 081-811-4896/6372 to sign up.

Transition Assistance Program –Pre-Separation (TAP CLASS) will be offered **November 7th - 9th** at the **FFSC, Support Site** from 8:00 A.M. – 4:00 P.M. Call 081-811-4896/6561 to sign-up.

Neapolitan Espresso will be offered on **November 10th** at **FFSC, Support Site** from 12:00PM – 2:00PM. Learn about the origins of coffee, a few secrets on how to make an authentic homemade espresso, and more. Call the ICR Dept. at 081-811-6551/2/5.

Estate Planning will be offered **November 16th** at the **FFSC, Support Site** from 8:30 A.M. – 11:30 A.M. This course will give you an overview of estate planning and will show you how you can use various planning strategies to help ensure your family's future financial security. Call 081-811-4896/6372 for more information and to sign up.

Career Explorations Workshop will be offered **November 16th** at the **FFSC, Support Site** from 9:00 A.M. – 12:00 P.M. This seminar provides essential resources in identifying career interests and evaluating skills in support of developing a career plan. This is a useful workshop for persons that may be unsure about their career plans, which are changing careers, or re-entering the work force. To sign-up call 081-811-4896/6372.

Smooth Move will be offered **November 17th** at the **FFSC, Support Site** from 8:00 A.M- 2:00 P.M. Don't let your upcoming transfer catch you off guard, and start planning today. To sign-up call 081-811-4896/6372.

Tips for a Successful Interview will be offered **November 17th** at the **FFSC, Support Site** from 9:00 AM-11:30 A.M. The class provides instruction on how to prepare for and participant in job interviews. Call 081-811-4896/6372 to sign-up.

Home Buying Seminar will be offered **November 18th** at the **FFSC, Support Site** from 8:00 A.M. - 11:30 A.M. This seminar provides information on how to buy a home that will best suit your family's needs and finances. Call 081-811-4896 to sign-up.

Cheese, Italian, Please will be offered **November 18th** at **FFSC, Support Site** from 10:00 A.M. – 1:00 P.M. Learn how to purchase cheeses and how they “marry” with certain foods and wines. Cheese tasting is included. Call ICR Dept. at 081-811-6555/2/1.

Car Seat Safety Class will be offered on **November 22nd** at **Fire station # 3, Support Site** from 10:00 A.M. – 12:00 P.M. This class will cover all information about how to properly install your child's car/booster seat correctly. Please call Mr. Larry Beal to sign up at 334-359-9592 or Isabel Limpin 081-811-6546/DSN 629-6546.

Saving and Investing will be offered **November 22nd** at the **FFSC, Support Site** from 1:00 P.M. – 3:30 P.M. This course was designed to develop knowledge and skills that will enable participants to save and invest effectively to achieve their financial goals. Call 081-811-4896/6372

Transportation from Support Site will be offered **November 28th** at **FFSC, Support Site** from 8:30 A.M. – 2:00 P.M. Learn how to use public transportation. We will ride the bus, visit the Central Station, and learn about the national system and a lot more. Call the ICR Dept. at 081-811-6555/2/1 to sign-up.

First-Term CONSEP Workshop will be offered **November 28th – December 1st** at the **FFSC, Support Site** from 8:00 A.M. – 4:00 P.M. This course provides 1st term personnel with the education needed to make informed career and lifecycle decisions. It includes in-depth training in the areas of Personal, Financial, and Professional Planning. This curriculum is rich in information, covering everything from Navy Programs to self-appraisal to resume writing. To sign-up or for more information call 081-811- 4896/6372.

Anger Management will be offered **November 30th** at the **FFSC, Support Site** from 8:00AM – 12:00PM. Learn basic techniques to know how to control anger and how to minimize the stress that can cause it. Call Luisa at 081-811-6533 to sign-up.

Debt/Credit Management will be offered **November 30th** at the **FFSC, Support Site** from 1:00 P.M. – 3:00 P.M. The class presents a hands-on skills-building session dealing with debt/ credit management. Call 081-811-4896/6372 to sign up.